

12 Strings Music School

Four Section Piano Workout

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Four section piano workout

- 1. Sight reading
- 2. Finger movement
- 3. Hand independence
- 4. Putting it together

Sight reading goals:

- 1. To be able to relate each key to a specific position on the staves
- 2. To be able to relate each grouping of notes to a rhythm or beat
- 3. To be able to create a mental picture of what keys are to be played just by looking at the position of the notes on the staff

Finger movement goals:

- 1. To have control over our hands and fingers
- 2. To be able to feel our way around the keyboard and judge distances correctly without looking
- 3. To move comfortably through scale and chord patterns using the correct fingering
- 4. To know how to spot deficiencies and correct them

Hand independence goals:

1. To be able to play conflicting rhythms at the same time with both hands

The final goal is to use all of these techniques to play the songs that you want to play.